Search Engines

- Metro Crisis Services
  [http://www.metrocrississervices.org/find-services/rmcpdirectory](http://www.metrocrississervices.org/find-services/rmcpdirectory)
  - Search engine has over 5,000 different providers, assistance programs, and support resources throughout the community. It is currently the region's largest and most up-to-date directory of services. By design, it is available to help people find the right provider for themselves or someone they are concerned about, and learn ways to navigate the mental health system, free of charge. The directory offers Google translation capabilities for non-English speaking users, allows for search by provider, type of problem or illness and location, and utilizes an automatic update system to ensure the correct contact information for each resource.
  - Many different options to search by. Includes searching by:
    - Location
    - Insurance accepted
    - Age group

- SAMHSA
  [http://www.samhsa.gov/find-help](http://www.samhsa.gov/find-help)
  - Find alcohol and drug abuse treatment or mental health treatment facilities and programs around the country.
  - Find information on locating physicians and treatment programs authorized to treat opioids, such as heroin or prescription pain relievers.
  - Find treatment programs in your state that treat addiction and dependence on opioids, such as heroin or prescription pain relievers.

- Denver Gov
  [http://www.denver.org/about-denver/denver-resources/?listsearch_submit=1&listingGetAll=0&sfilter=ALL&efilter=ALL&subcatID=230&regionID=55&listing_keyword=Keywords&formSubmit=Search&sortby=sortcompany#searchBr](http://www.denver.org/about-denver/denver-resources/?listsearch_submit=1&listingGetAll=0&sfilter=ALL&efilter=ALL&subcatID=230&regionID=55&listing_keyword=Keywords&formSubmit=Search&sortby=sortcompany#searchBr)
  - Search resources specific to Denver, including: child care, health services, education, cultural resources and more.
  - Able to search by neighborhood

- United Way (211)
  [http://www.unitedwaydenver.org/2-1-1](http://www.unitedwaydenver.org/2-1-1)
  - Connects you with resources that provide food, shelter, rent assistance, clothing, child care options and other types of community assistance.
  - Can also call 2-1-1

- Denver After School Alliance
  [http://cps.civicore.com/map/](http://cps.civicore.com/map/)
The Denver Afterschool Program Locator provides information on programs offered to youth after-school and in the summer in the city and county of Denver.

Can search by:
- School
- Age
- Grade Level
- Focus
- Day
- If financial aid is available or there is no charge

- Linking Care
  - A Colorado referral resource: Statewide access to information and services for prevention, treatment and recovery from substance use and mental health conditions.
Mentoring

- **Denver Kids**
  1860 Lincoln St, Denver, CO 80203
  (720) 423-2470
  - Denver Kids, Inc. exists to support Denver Public Schools (DPS) students, grades K-12, who face the personal challenges of higher risk environments to successfully complete high school, pursue post-secondary options, and become contributing members of the community.
  - Provides educational counseling and mentoring to Denver Public School (DPS) students, grades K-12.
  - Also provides: career counseling, college readiness and a parent involvement program.

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- **Asian Pacific Development Center**
  1537 Alton St, Aurora, CO 80010
  303-923-2920
  - APDC Youth Leadership Academy™ (APDC YLA™) is an integrated, comprehensive program APDC offers for API youth in Colorado. From middle school through college, APDC YLA™ provides services to foster future leaders in our community, with a mission “to help youth discover their potential to become strong leaders who embrace and balance their cultures and identities.” The program requires a one-year commitment and membership can be renewed every year for multiple years until the youth reaches the age of 21. Then the youth can return and become Junior Counselors in the intense leadership track to provide mentoring and leadership training to the younger youth in the YLA™. The APDC YLA™ has a system that fosters youth leaders for as long as they would like to be trained and nurtured, then invites them back to directly give to the youth taking the same course they did. The system truly creates a cycle of giving back, one of the core concepts we encourage our youth leaders to carry on for a lifetime.

  *No referral process*

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- **Big Brothers Big sisters**
  1391 N Speer Blvd. Denver, CO 80204
  (303) 433-6002
  - Provides one-on-one mentorship opportunities between adult volunteers and children. The original program involves meeting at least twice a month for activities based on common interests. The Sports Buddies program meets once or twice a month to either
play sports or attend a sporting event. Sports Buddies plans all the activities, provides all equipment, tickets and transportation.

*Online form to fill out for referrals
*Must be age 7-12

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- **Colorado "I Have a Dream Foundation"
  1836 Grant St
  (303)-861-5005
  - Homework help tutoring mentoring and enrichment activities.

- **ClubZ**
  866-44-TUTOR
  5565 E Amherst Ave
  (303)-692-1801 Ext. 2
  - One-on-one in-home tutoring instruction using the student’s classroom curriculum.
    Competitive rates. Convenient schedules mornings afternoons weekends and summers.
    Servicing grades K-University

- **Denver Kids Inc.**
  1860 Lincoln St, Denver, CO 80203
  (720) 423-2470
  - A preventive counseling and mentoring program that currently provides one-to-one guidance to approximately 1,400 students in DPS.

  Online form for referrals 4-6 to process
  **Must be enrolled before 6th grade**

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- **Denver PAL - Denver Police Activities League, Inc.**
  1240 West Bayaud St. Denver, CO 80223
  303.937.1223
  - A juvenile support program that provides a positive and exciting experience for low income youth, to guide youth to make responsible decisions in life by furnishing a positive role model, to foster communication and understanding between youth and the police, and to reduce the incidence of juvenile crime, substance abuse, and gang violence.
- **Friends for Youth**  
  8008 E Arapahoe Ct. Suite 100, Centennial, CO 80112  
  303-756-9285  
  - Serves at-risk youth, including youth in the highest levels of the risk continuum, older teens, and those who are the most difficult to access in the child welfare, foster care and juvenile justice systems.  
  
  **Ages 10-18**  
  **Serves Denver youth**

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- **Girls Inc.**  
  1499 Julian St. Denver, CO 80204  
  (303) 893-4363  
  - Tutoring  
  
  **Age 6-18**

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- **Metro Denver Partners**  
  701 S Logan St. Denver, CO 80209  
  (303) 777-7000  
  - This program serves Denver County youth ages 8-17. Youth are matched with an adult volunteer who acts as a role model and advocate.  
  - Empowerment groups for girls  
  - This program serves 9 - 14 year old females in Denver. In addition to being matched with an adult volunteer mentor, girls in this program meet weekly to work on life-skills training, with a strong focus on conflict resolution, sexuality, and non-traditional careers. Components include:  
    - parent in-service training  
    - community service projects  
    - cultural modeling  
    - school success/bonding.
**Metro Denver Partners**  
701 S Logan St  
(303)-777-7000  
o Mentoring| tutoring and gang intervention

**Mile High Youth Corps**  
1801 N Federal Blvd  
(303)-433-1206 Ext. 333  
o Job readiness programs to help youth enter the workforce.

**Open Door Youth Gang Alternatives**  
1615 California St  
(303)-893-4264 Ext. 712  
o Mentoring to at-risk youth. Activities focus on reading skills and is supplemented with homework assistance| drama| music| creative skills and recreation activities.

**Reach & Rise**  
720-870-2221  
27151 E. Lakeview Dr. Aurora, CO 80016  
o A national YMCA program designed to build a better future for youth ages 6-17 by helping them reach their full potential through the support of caring adults.

***Youth must go through referral process, I have reached out to the woman who runs the program to find out more about the requirements.

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**Save Our Youth**  
303.455.1126  
3443 West 23rd Ave., Denver, Colorado 80211  
o Save our Youth is a youth development organization providing at-risk youth with educational, emotional, and spiritual skills for success through long-term mentoring relationships.

***Typically have a wait list
Medicaid Accepted | Sliding Scale | Transportation Provided | No Cost
---|---|---|---
n/a | n/a | No | X

- **Smart-Girl**
  6825 E Tennessee Ave
  (303)-815-1921
  - Enrichment and prevention program for pre-teen girls focused on helping girls make smart choices.
Mental Health

- **121 Help Me**

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- **Colorado Al-Anon/Alateen Inc.**
  
  
  Alateen is a fellowship of young Al-Anon members, usually teenagers, whose lives have been affected by someone else's drinking.

- **Asian Pacific Development Center**
  
  Provides outpatient mental health services to AAPI clients. Services include individual, couples, family, and group psychotherapy and counseling; psychological evaluation; psychiatric medication evaluation and monitoring; case management services; and senior outreach. These services, as well as mental health consultation and education activities, are provided by clinical staff in Hmong, Japanese, Khmer, Korean, Laotian, Mandarin, Cantonese, Taiwanese, Thai, Vietnamese, and English.

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- **The Blue Bench**
  
  303-329-9922
  
  Sexual assault support center

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- **Catholic Charities**
  
  (720) 442-8007
  4045 Pecos Street Denver, Colorado 80211
  
  Offers several types of counseling including pregnancy, individual, family, marriage, school based and outpatient counseling services in the Denver Metro Area.
• **Savio House**  
(303) 225-4100  
325 King St, Denver, CO 80219  
  - Trauma Focused Cognitive Behavioral Therapy  
  - Functional Family Therapy  
  - Multisystemic Therapy

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• **Servicios de la Raza**  
(303) 458-5851  
3131 W. 14th Ave., Denver, CO, 80204  
  - Individual, couple, family and group therapy  
  - Medication management for clients on Medicaid or those identified as Indigent

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• **Tennyson Center**  
(303) 433-2541  
2950 Tennyson Street, Denver, CO, 80212  
  - Treatment for emotionally and crisis-affected children and youth age 5-18, particularly those suffering from abuse and neglect.

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Housing

- **ACCESS Housing**
  (303) 289-7078
  6978 Colorado Blvd.
  Commerce City, CO 80022
  - Family Shelter Program
    - Provides short-term shelter for up to 90 days for families with children in on-site private apartment units.
  - Home Again Family Support Program
    - Seeks to prevent homelessness and to support the transition of homeless families into permanent housing. Eligible families receive case management and financial and rental payment assistance as well as funds to pay medical, education, utility, and transportation expenses.
  - Permanent Housing
    - Owns 27 units of housing which are rented to low-income families

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- **Almost Home, Inc.**
  303.659.6199
  231 North Main Street Brighton, CO 80601
  - Emergency shelter
  - Rental & utility assistance
  - Affordable Housing

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- **Catholic Charities**
  (720) 442-8007
  4045 Pecos Street Denver, Colorado 80211
  - Offers affordable housing for seniors, families, disabled persons, as well as farm labor housing.
  - Also provides shelters for homeless

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Colorado Coalition for the Homeless
2111 Champa Street, Denver, Colorado 80205
2130 Stout Street, Denver, Colorado 80205
(303) 293-2217
- Their integrated housing approach combines high-quality housing for homeless families with affordable homes for individuals and families with lower incomes. Services such as counseling, life skills training, financial literacy and employment assistance contribute to housing stability for those that once were homeless.

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Mile High Behavioral Healthcare

- Emergency adult shelter
- Emergency family shelter
- Transitional family shelter
- Transitional VA shelter
- 180 Street Outreach and Shelter
- Housing Opportunities for Persons with AIDS (HOPWA)
- Miracle on Logan Street
- Behavioral healthcare

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Urban Peak
http://www.urbanpeak.org/

- Urban Peak is the only non-profit organization in Denver that provides a full convergence of services for youth ages 15 through 24 experiencing homelessness or at imminent risk of becoming homeless. Provides:
  - an overnight shelter
  - a daytime Drop-In Center
  - Street Outreach
  - Education and Employment programming
  - Supportive housing

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Child Care

- **Catholic Charities**
  (720) 442-8007
  4045 Pecos Street Denver, Colorado 80211
  - Offers six (6) child care centers in the Metro Denver Area. We provide early childhood education for infants – preschool as well as educational services to parents and families.

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- **Colorado Coalition for the Homeless**
  Renaissance Children’s Center
  1797 Kendall, Lakewood, CO 80214
  303.237.6132
  - 65 child care slots targeted for homeless and low-income families

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# Health Care

- **Asian Pacific Development Center**
  - Intended to serve the Asian American Pacific Islander (AAPI) communities in general. However, integrated Care Services also targets the indigent, refugees and first-generation immigrants.
  - Integrated Care Services provides
    - Comprehensive screening and referral
    - Co-location of services
    - Navigation
    - Primary medical care
    - Behavioral health services
    - Health literacy and wellness education
    - Cultural sensitivity and competency
  - Basic health care services include:
    - Wellness and physical exams
    - Pediatrics
    - Immunizations for adults and children
    - Care of acute illnesses
    - Management of chronic illnesses
    - Diabetes management
    - Breast, cervical and colorectal cancer screenings
    - Behavioral health services

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- **LightHouse Women’s Center**
  - (303) 320-8352
  - 3894 Olive St, Denver, CO 80207
  - Provides free pregnancy testing

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## Treatment

- **iThrive**  
  303-776-8184  
  24 9th Avenue, Longmont, CO 80501  
  o Early intervention program for teens  
  o iTHRIVE is a bi-lingual early intervention program for teens struggling with drugs/alcohol abuse and it is also for the parents of these teens. Through a powerful combination of group therapy, experiential learning, parent education and individual psychotherapy (optional to both parents and teens), iTHRIVE supports an adolescent’s right to joy and productivity and we also support their families in reclaiming hope and happiness. Our groups offer a place for teens and parents to talk and process, receive support, and learn the tools and skills they need for recovery and for repairing relationships.

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- **Sandstone Care**  
  2100 S. Cherry Street, Denver, CO 80222  
  (888) 850-1890  
  o ADOLESCENT INTENSIVE OUTPATIENT PROGRAM (IOP)  
  - For ages 13 to 18, Sandstone Care’s adolescent program is over 17 hours a week, predominantly after school hours. This program includes a heavy academic and vocational component (two-hour group academic support sessions for three days a week as well as weekly individual sessions with the academic & vocational adviser), weekly family sessions (multi-family group sessions and individual family sessions, if necessary), three-hour group therapy sessions for three nights a week (process, educational, and experiential sessions), and weekly community activities (private sessions at Phoenix Multisport as well as Sandstone Care-hosted AA meetings).

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- **Savio House**  
  (303) 225-4100  
  325 King St, Denver, CO 80219  
  o Provides gender specific groups  
  o Helps with identifying and negotiating high risk situations and developing coping skills

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Assistance for Runaway Youth

- National Runaway Safeline
  - Provides
    - Help getting home
    - Someone to talk to
    - Help talking to parents
    - Help with bullying
    - Tips for parents

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After School Activities

- **After School is Cool**
  - Visit participating Denver Public Libraries for games, crafts, science experiments, cooking, puzzles, magic, music and a lot more! From art and dance to culture and food, these programs will amaze and entertain you.

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- **Art from Ashes**
  - Therapeutic poetry workshops for youth, facilitating expression, connection and healing to release negative thought processes and encourage transformation through the creative power of words.

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- **Art Reach**
  - Established in 1974, ArtReach, Inc. is a Colorado 501(c)(3) nonprofit charitable organization serving arts, cultural and human service organizations. ArtReach is the only organization in the Denver area that exists to ensure people of all ages who struggle with physical, mental, behavioral or severe economic challenges have an opportunity to experience arts and culture. ArtReach works with area schools, member agencies, cultural facilities, numerous foundations and supporters to bring the arts into the lives of children, young adults and seniors. With the assistance of over 350 organizations we are able to give the gift of the arts to 50,000 people every year in our community.

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- **Art Street**
  - Youth 11-18 can participate in Physical Arts, Visual Arts, Video Mapping through Global Positioning, and Open Studio with mentors for art of your choice.

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- **Augustana Arts**
  - First class musical instruction in instrumental performance and in voice to students of all ages throughout the Metro Area.

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- **Bladium Sports and Fitness Club**
  - Bladium welcomes kids, with an array of fitness and sports programs, camps, birthday parties, and other activities.

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- **Catholic Charities**
  - Quality before & afterschool age care daily for children 6-12. Activities include arts| crafts| science| math| music| language| and meal services. Program is open during school breaks.

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- **City Wild**
  - cityWILD After School Program is offered four afternoons a week for students, and is held on-site at cityWILD facilities. During programming, 30-45 minutes is dedicated for students to do homework and/or participate in educational activities such as trivia games, chess/checkers and crossword puzzles. Each day has different programmatic focus opposite to homework;
  - Life Skills – cityWILD students participate in experiential lessons around skills such as financial education and management, drug/alcohol/tobacco prevention, health and nutrition, etc. Lessons from Life Skills are translated to outdoor activities and vice-versa.
  - Service Learning – cityWILD utilizes the EarthForce 6-step process for service learning. Students identify issues in their neighborhood, investigate them, and come to consensus on what issues to address. After deciding on the issue they wish to address for the year, students create a project that will create sustainable, positive change for their neighborhood.
  - Outdoor Education – cityWILD students learn about a variety of outdoor activities throughout the course of the year and the skills they need to participate in them such as knot tying and belaying for rock climbing. Students also learn additional skills to help them in them be safe and succeed in the outdoors. These skills include but are not limited to; Leave No Trace principles, First Aid, Hydration, and Water Treatment.
  - Outdoor Activity – One day a week students get to participate in activities to practice the skills they have learned in Outdoor Education, and prepare for more expansive trips into the field through cityWILD’s Weekend Adventures and Summer Expeditions. Activities that student participate in include but are not limited to rock climbing, white water rafting, hiking, biking, and swimming.

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- **Cleo Parker Robinson Dance**
**http://www.cleoparkerdance.org/**

- Professional multi-cultural dance-arts institution dedicated to providing instruction, performances and programs for students

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- **Colorado Children’s Chorale**
  2420 W 26th Ave
  (303)-892-5600
  - Participants receive instruction in choral singing and performing.

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- **Colorado Honor Band Association**
  216 S Grant St
  (303)-778-6693
  - A year-long program for youth ages 10-18 that engages them in instrumental music and performance.

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- **Colorado State University Denver Extension 4-H Youth Program**
  888 E Iliff Ave
  (720)-913-5270
  Youth development program focused on leadership, citizenship, and life skills.

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- **Denver Botanic Gardens**
  909 N York St
  (720)-865-3580
  - The Gardens offers a wide variety of opportunities for children and families to explore plants and the natural world.

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- **Denver Center Theatre Academy**
  1101 13th St
  (303)-446-4813
  - Available for kids 3 to 18, our classes offer beginning to advanced acting lessons, and cover everything from beginning acting to singing to stage combat. Much more than performing arts skills, our expert instructors help children build confidence, critical thinking skills and creativity in a fun, energetic and dynamic environment.

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• Denver PAL - Denver Police Activities League, Inc.
  1240 West Bayaud St. Denver, CO 80223
  303.937.1223
  o Provides a variety of youth recreational, educational, and athletic programs for youngsters ages 5-14.

  Medicaid Accepted  Sliding Scale  Transportation Provided  No Cost

• Denver Young Artists Orchestra
  1245 E Colfax Ave
  (303)-433-2420
  o The Conservatory Orchestra and String Ensemble provide high-level music training to young musicians ages 8-17, preparing them for positions in the advance-level DYAO.

  Medicaid Accepted  Sliding Scale  Transportation Provided  No Cost

• Denver Zoo
  2300 Steele St
  (303)-376-6734
  o Various programming for children and youth at the Zoo or in schools.

  Medicaid Accepted  Sliding Scale  Transportation Provided  No Cost

• Environmental Learning For Kids (ELK)
  14460 E 50th Ave
  (303)-291-7554
  o ELK offers a selection of science and natural resource programs to public and private schools, youth organizations, home school groups and other community-based groups in Colorado.

  Medicaid Accepted  Sliding Scale  Transportation Provided  No Cost

• Girl Scouts of Colorado
  o Try new things. Make new friends. Go on more adventures than you can count. With us, there's a whole world of new opportunities waiting for you.

  Medicaid Accepted  Sliding Scale  Transportation Provided  No Cost

• Lighthouse Writers Workshop
  2123 N Downing St
  (303)-297-1185
• A year-round weekend program for young writers, ages 10-18, that engages them in various forms of creative writing, including poetry, fiction, nonfiction, and screenplays.

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• **PlatteForum**
  1610 Little Raven St
  (303)-893-0791
  o Introduces youth to the world of art and provides a chance for youth to participate in intensive workshops led by master artists.

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• **Project PAVE Inc.**
  2051 N York St
  (303)-322-2382
  o Provide effective culturally-relevant violence prevention education victim identification and counseling services.

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• **Rainbow Alley**
  1301 E Colfax Ave
  (303)-831-0442
  o Drop-in center for GLBT with youth-led events and activities.

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• **Rocky Mountain Children’s Choir**
  690 N Colorado Blvd
  (303)-300-0470
  o World-class music program with progressive choirs.

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• **Rocky Mountain SER Pecos Community Center**
  3555 N Pecos St
  (303)-480-9394
  o A 9 month program for youth, ages 6-12, that engages them in sports, chess, table games, and after school snacks. Tutoring is also available.

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• **The Conflict Center**
  4140 Tejon St
Ages 11-18. Classes in critical decision making and emotional intelligence.

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- **The Urban Farm - Embracing Horses**
  10200 E Smith Rd
  (303)-307-9332
  - Ages 5-18 learn to care for and ride horses

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- **Wings Over The Rockies**
  7711 E Academy Blvd
  (303)-360-5360 Ext. 106

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- **YouthBiz| Inc.**
  3535 Larimer St
  303-297-0212
  - Advancing the social and economic empowerment of youth through a focus on business, academics and leadership.

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