

## Mental Health

- Colorado Al-Anon/Alateen Inc.  
<http://www.al-anon-co.org/index.php>
  - Alateen is a fellowship of young Al-Anon members, usually teenagers, whose lives have been affected by someone else's drinking.
- [Asian Pacific Development Center](#)
  - Provides outpatient mental health services to AAPI clients. Services include individual, couples, family, and group psychotherapy and counseling; psychological evaluation; psychiatric medication evaluation and monitoring; case management services; and senior outreach. These services, as well as mental health consultation and education activities, are provided by clinical staff in Hmong, Japanese, Khmer, Korean, Laotian, Mandarin, Cantonese, Taiwanese, Thai, Vietnamese, and English.
- [The Blue Bench](#)  
303-329-9922
  - Sexual assault support center
- [Catholic Charities](#)  
(720) 442-8007  
4045 Pecos Street Denver, Colorado 80211
  - Offers several types of counseling including pregnancy, individual, family, marriage, school based and outpatient counseling services in the Denver Metro Area.
- [Savio House](#)  
(303) 225-4100  
325 King St, Denver, CO 80219
  - Trauma Focused Cognitive Behavioral Therapy
  - Functional Family Therapy
  - Multisystemic Therapy
- [Servicios de la Raza](#)  
(303) 458-5851  
3131 W. 14th Ave., Denver, CO, 80204
  - Individual, couple, family and group therapy
  - Medication management for clients on Medicaid or those identified as Indigent

- [Tennyson Center](#)

(303) 433-2541

2950 Tennyson Street, Denver, CO, 80212

- Treatment for emotionally and crisis-affected children and youth age 5-18, particularly those suffering from abuse and neglect.

