

Total Number of Students Reached: 357

Participation by Program

Strengthening Families	Sources of Strength	Brief Interventions	Alternative Activities	Parent Info Dissemination	LifeSkills Training
6 students	Approx. 201 students impacted	25 students	15 students	226 families	110 students

The Substance Use Prevention Program uses the Youth National Outcome Measures (Youth NOMs) tool to assess youth responses on substance use behavior, attitudes and perceptions. Providers collected pre-test data at the beginning of ongoing services and post-test data at the end of services. The program summaries reflect the behaviors, perceptions and attitudes where positive change was achieved; if there was no effect, that particular indicator is not named.

Strengthening Families

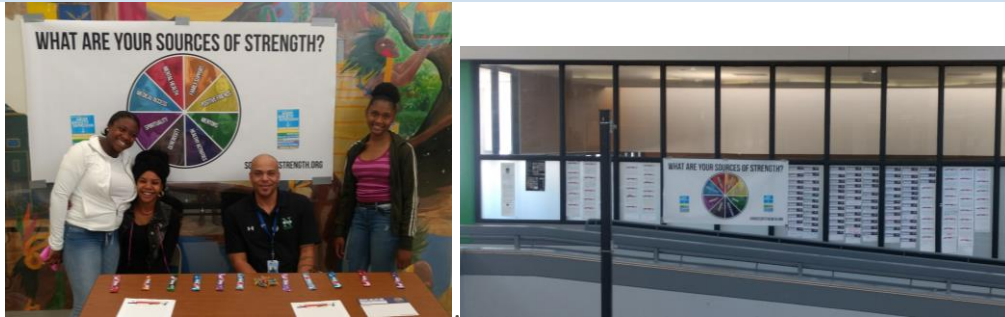
One series of the Strong African American Families series was provided to 6 students and families at Noel Community Arts School; this is an evidence-based adaptation of the original Strengthening Families program.

Sources of Strength

3 Student peer leaders from NCAS joined with students from DCIS Montbello to create the following messaging campaign:

What are your Strengths: Peer leaders set up tables during middle school lunch for both schools and had students identify what helps them during difficult times; the cards were used to create a wall displayed in a central location on the Montbello campus; 136 students participated in this campaign, and the wall was available for everyone in the school to see.

2016-2017 Substance Use Prevention Program Summary: **NCAS**



Sources of Strength demonstrated the following outcomes:

- 100% of students maintained abstinence from pre to post test
- 100% of students maintained the highest level of disapproval of peer substance use
- 100% of students maintained the highest level of perceived risk from substance use

Brief Interventions

- 25 students received the BRRIM (Brief Risk Reduction Interview and Intervention Model) assessment
- Those same 25 students also received Teen Intervene
- **18 of the 25** students who received brief interventions were referred to the Prevention Specialist as an alternative to school suspension

- Reductions in past 30 day use:
 - 100% reduction for alcohol
 - 100% reduction for marijuana

Alternative Activities

15 NCAS students joined with DCIS Montbello to form a Gay Straight Alliance. A huge accomplishment for the GSA was partnering with administration to approve and create a gender neutral bathroom on the NCAS campus.

The GSA raised **\$170 which was used to pay for paint and supplies for the gender neutral bathroom.**

Info Dissemination & Parent Presentations

- **191 Parent Tool Kit Brochures** and resources were e-mailed to parents of NCAS students in May of 2017.
- **1 parent presentation to 35 parents** on preventing substance use was held at NCAS.

LifeSkills Training Program

- 90% of students maintained abstinence from pre to post test
- Reductions in past 30 day use:
 - 50% reduction for alcohol
 - 100% reduction for marijuana