



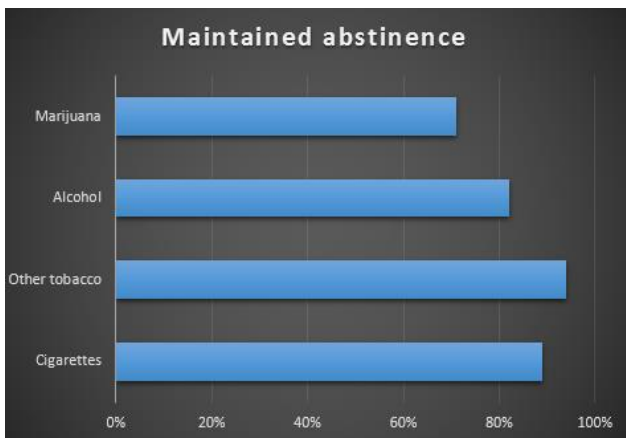
Total Number of Students Reached: 817

Participation by Program

Strengthening Families	Marijuana Education Initiative	Teen Intervene	LEA Program	Gay/Straight Alliance	LifeSkills	Stanford Vaping Prevention	Sources of Strength
26 students	280 students	28 students	16 students	25 students	9 students	50 students	36 peer leaders (409 students who received positive messaging)

The Substance Use Prevention Program uses the Youth National Outcome Measures (Youth NOMs) tool to assess youth responses on substance use behavior, attitudes and perceptions. Providers collected pre-test data at the beginning of ongoing services and post-test data at the end of services. This includes data from Strengthening Families, MEI, Teen Intervene, Lifeskills the LEA Program, and Sources of Strength.

Goal 1: Maintain Abstinence

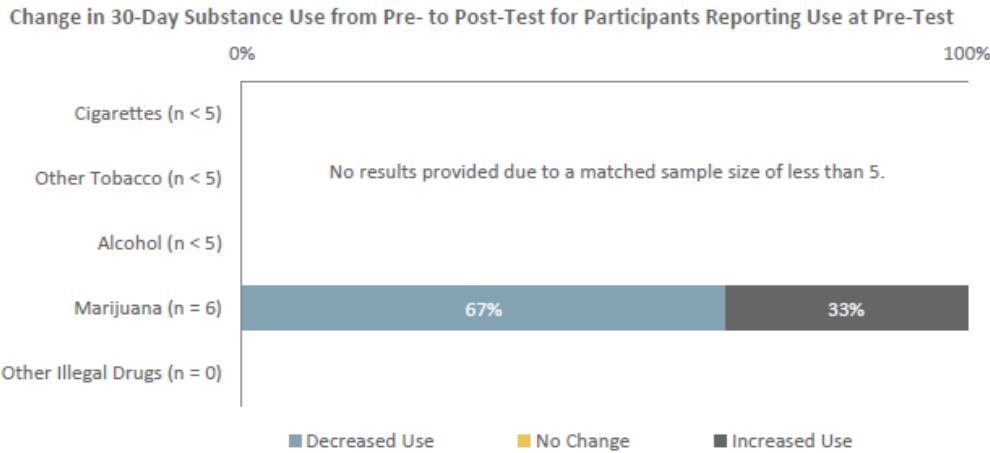


An average of 87% of students who were not using at pre-test maintained their abstinence.



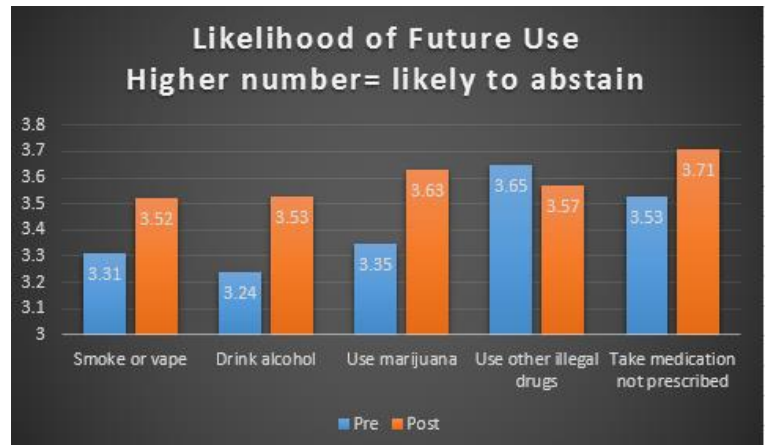
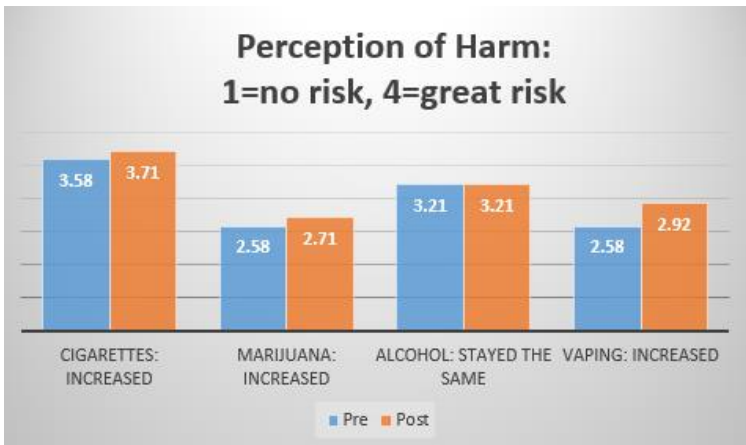
2018-2019 Program Summary: **Hamilton Middle School**

Goal 2: decrease past 30 day use



Goal 3: Increase or maintain perception of harm

Goal 4: Decreased likelihood of future use



Perception of harm naturally decreases over time as students age, which can increase the likelihood of future use. Therefore, the goal is for students to either maintain or increase their perception of substances as potentially harmful. **Perception of harm increased for all substances except alcohol, which stayed the same.**

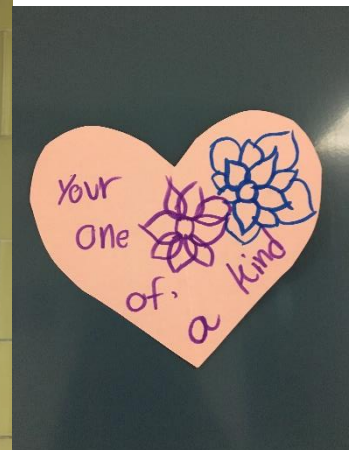
Compared to pre-test, students were more likely to say no to all substances (except illegal drugs) at post-test.



Sources of Strength

36 Peer Leaders and a team of adult advisors worked together to spread messages of hope, help and strength throughout the school; they created the following messaging campaigns:

- A Thankfulness Campaign in which they asked students to think of 3 things they were thankful for; display went up in the library.
- A Trusted Adult campaign, which involved having students name an adult in the building that they trusted, and could go to if they needed help.
- Created a Valentine’s Day display on student lockers.
- Created a display with quotes about positive friendships.



Additional Efforts:

- Girls on the Run
- Pack lessons
- Healthy Lifestyles curriculum
- Brought Rainbow Alley in to present to the GSA
- Helped to organized sex education classes in an AN and MI classroom
- **Parent Tool Kit Brochures** and additional resources were e-mailed to all parents of GW students.