



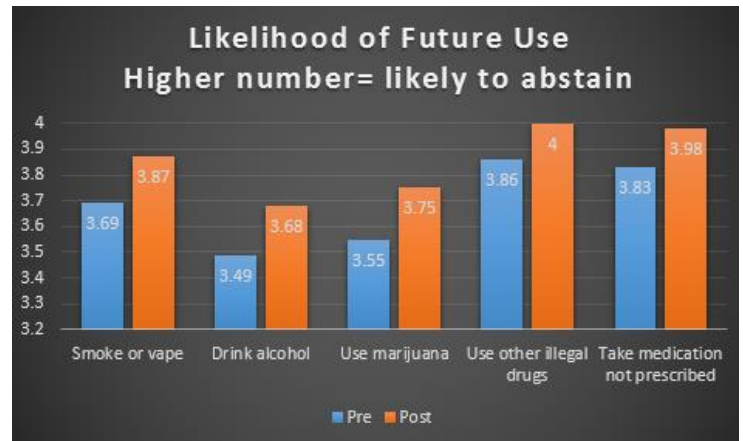
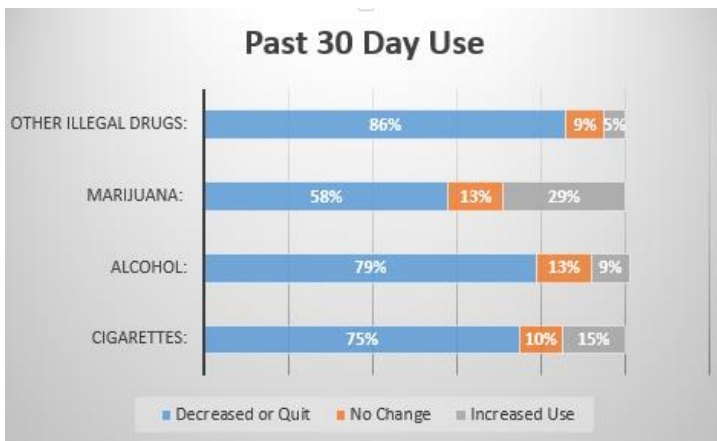
Total Number of Students Reached: 897

Participation by Program				
Learning to Breathe	Marijuana Education Initiative	Gay/Straight Alliance	Sources of Strength	Signs of Suicide
19 Students	101 students	6 students	12 Peer Leaders, 484 students received messaging	275 students

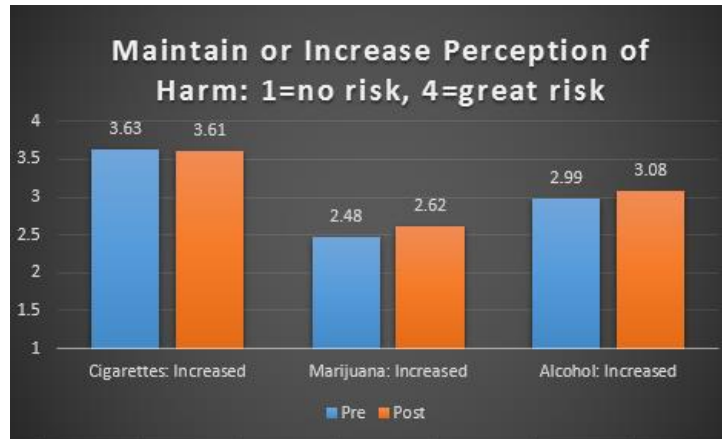
The Substance Use Prevention Program uses the Youth National Outcome Measures (Youth NOMs) to measure changes in substance use and perception of harm. Goals include: decreasing current use, decreasing likelihood of future use, and increasing the perception of substances as harmful.

Marijuana Education Initiative- Impact and Awareness Prevention Program

The MEI Impact Awareness curriculum was taught to 101 students and demonstrated the following outcomes:



75% reduced or quit using substances by the end of the program. Compared to the pre-test, more students were likely to say no to any of the indicated substances in the future.



Perception of harm tends to decrease over time as students age. The goal is for students to either increase or maintain their perception of substances as potentially harmful: The perception of harm for all substances increased.

Sources of Strength

12 students participated as Peer Leaders in the Sources of Strength program. Their positive messaging campaigns were received by approximately 484 students. Here were some the projects they completed:

- The Peer Leaders created a video in which students and adult advisors introduced the Sources of Strength mission and peer leaders involved; this video was shown during advisement in October.
- The Sources of Strength team created a photo booth to celebrate the importance of positive friends.





2018-2019 School Health Professionals Grant Summary: **Abraham Lincoln High**

Gay/Straight Alliance

6 students participated in the GSA. In addition to several school-wide events, such as giving out bracelets on Transgender Awareness Day, the GSA utilized lessons from GLSEN (Gay, Lesbian and Straight Education Network) to learn about LGBTQ+ activism and identity. Lastly, on May 17th, 2019 several DPS School Health Professionals hosted the 1st annual GSA Spring Summit at South High School. Five schools from DPS participated including South, JFK, Summit, Abraham Lincoln, & Thomas Jefferson. 40 middle & high school students attended and participated in various activities throughout the day including icebreakers, panel of speakers, & queer prom.



Learning to Breathe

19 Students received the Learning to Breathe mindfulness curriculum. One group focused specifically on anger management, and the other on anxiety.

Signs of Suicide

275 9th graders received this prevention program.

Info Dissemination

Parent Tool Kit Brochures and additional resources were e-mailed to all Abraham Lincoln parents.