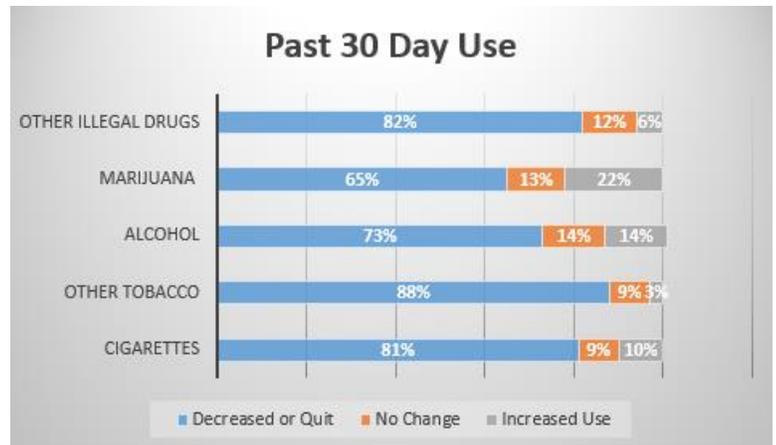
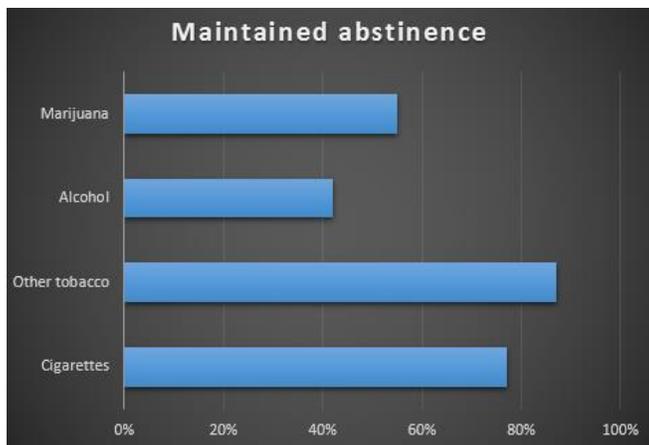


**Total Number of Students Reached: 567**

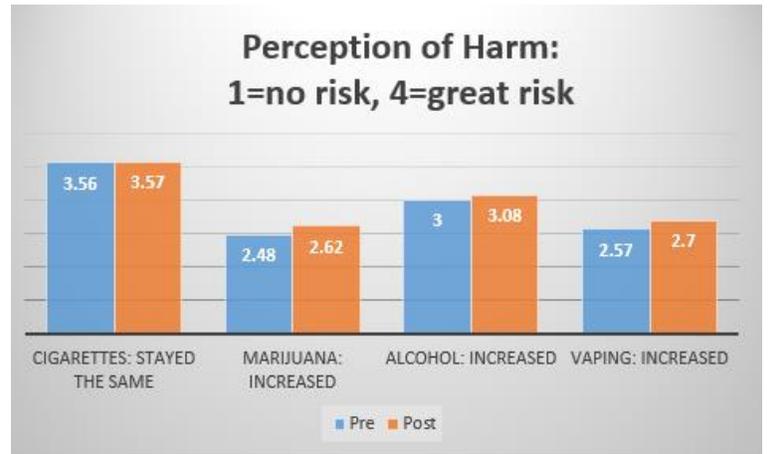
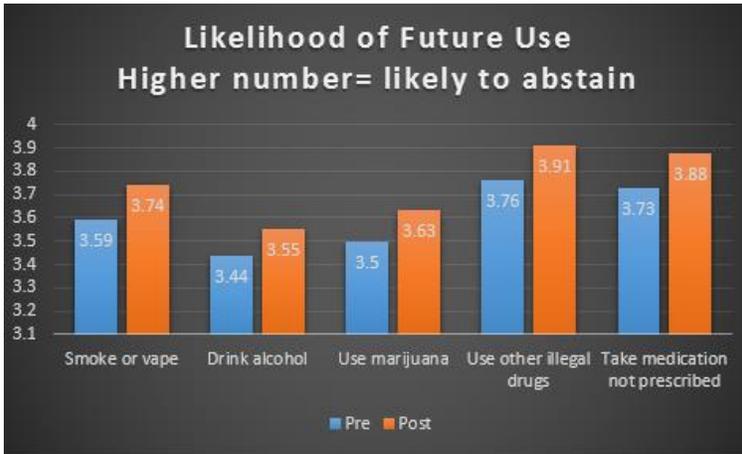
Participation by Program					
MEI	Gay/Straight Alliance	Lifeskills Training Program	Teen Intervene	Signs of Suicide	Learning to Breathe
72 students	12 students	130 students	8 students	337 students	8 students

The Substance Use Prevention Program uses the Youth National Outcome Measures (Youth NOMs) tool to assess youth responses on substance use behavior, attitudes and perceptions. Providers collected pre-test data at the beginning of ongoing services and post-test data at the end of services. This includes data from LifeSkills, MEI, and Teen Intervene.

### Marijuana Education Initiative, Lifeskills Training, and Teen Intervene



An average of 69% of students who were not using substances at pre-test remained abstinent. For students who were using substances at pre-test, an average of 78% reduced or quit using by the end of the program.



Compared to pre-test, students were more likely to say no to all substances at post-test.

Perception of harm tends to decrease as students age over time. The goal is for students to either maintain or increase their perception of substances as potentially harmful. Outcome: Students increased their perception of harm for all substances, except cigarettes, which stayed the same.

The SUP Program also utilizes Pearson’s BASC 3 Flex-Monitor to measure changes in student behavior and emotional functioning. This outcomes measure is used for programs that focus on coping skills and social emotional learning, which are known protective factors against youth substance use. The goal is to reduce problem behaviors and negative emotions; goal zone is 60 or less.

### Learning to Breathe

A total of 8 students participated in these programs and demonstrated the following outcomes:



While the data for Learning to Breathe only shows very minor reductions in negative emotions and behaviors (53-52.3), it should be noted that only 3 of the 8 students had matching pre and post-tests. In addition, those 3 students started the program already in the goal zone.

## BESS Universal Screener

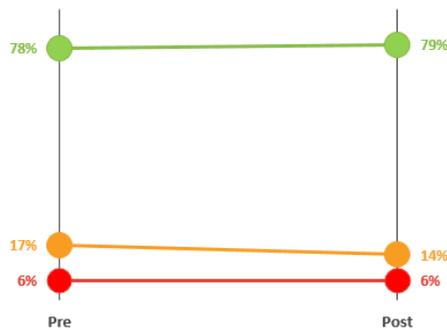
SHPs were responsible for working with their school administration to implement the BESS Universal screener to assess overall behavioral and emotional risk and overall mental health status of students at GW. The BESS is utilized to guide the work of the SHP as well as measure school-wide impact of prevention programming.

### School Name: George Washington High (9th only)

### BESS Social Emotional Screener - Pre/Post % Comparison 2018-2019

Goal is to increase % Normal and decrease % Elevated and Extremely Elevated

#### BERI



#### BERI - Behavior and Emotional Risk (Overall)

George Washington data showed the following positive outcomes: An increase in students who finished the year in the normal range, as well as a decrease in the number of students who were experiencing elevated levels of risk.

## Info Dissemination

Parent Tool Kit Brochures and additional resources were e-mailed to all parents of GW students.