

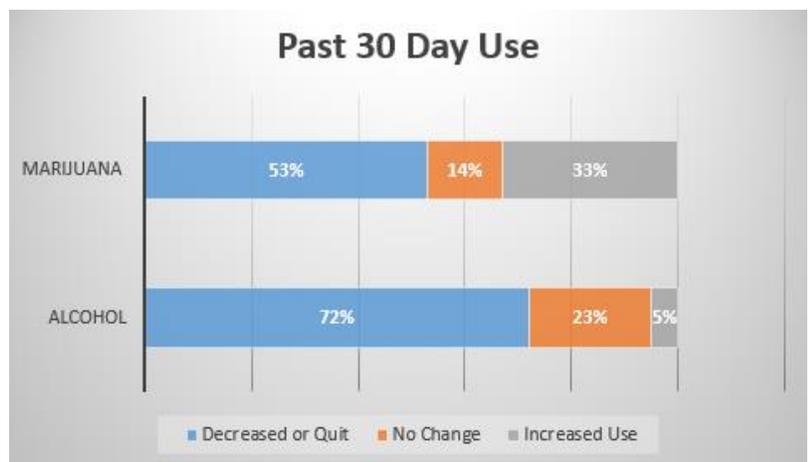
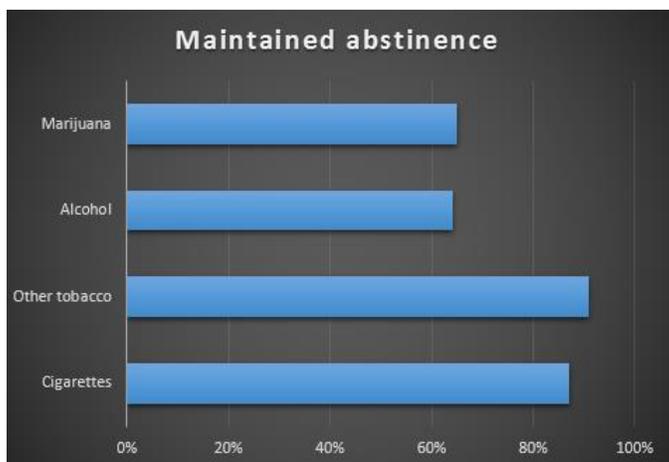
**Total Number of Students Reached: 767**

Participation by Program			
Signs of Suicide	Marijuana Education Initiative	Sources of Strength	Healthy Lifestyles
162 Students	129 students	12 Peer Leaders, and 269 students impacted.	77 students

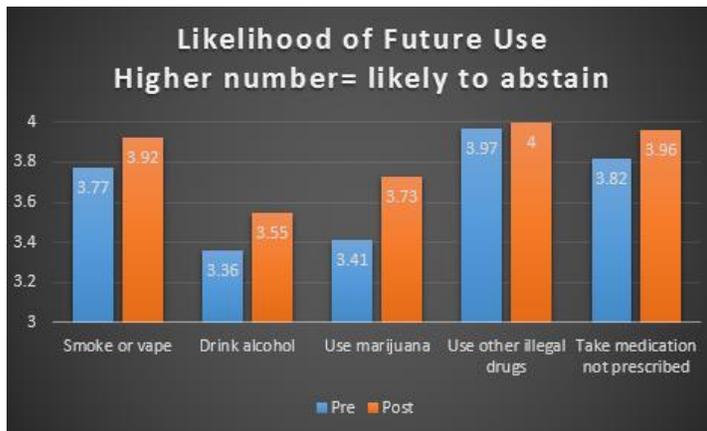
The Substance Use Prevention Program uses the Youth National Outcome Measures (Youth NOMs) tool to assess youth responses on substance use behavior, attitudes and perceptions. Providers collected pre-test data at the beginning of ongoing services and post-test data at the end of services. The graphs below include data from both MEI and Healthy Lifestyles.

### MEI, Impact Awareness and Healthy Lifestyles Programs

These programs were taught to 206 students and demonstrated the following outcomes:



An average of 81% of students who were not using substances at pre-test remained abstinent. For students who were using substances at pre-test, an average of 63% reduced or quit using by the end of the program.



Compared to pre-test, students were more likely to say no to all substances at post-test.

Perception of harm tends to decrease as students age over time. The goal is for students to either maintain or increase their perception of substances as potentially harmful. Outcome: Students increased their perception of harm for all substances, except cigarettes, which increased and alcohol, which stayed the same.

## Sources of Strength

Despite getting a late start this year (training occurred in February), the Sources of Strength team of peer leaders and adult advisors did complete the following messaging campaigns: On April 3rd, the Sources of Strength team created a "What Helps Me" poster campaign. The StuCo students also used "Friday Fun" to help spread the messages to other students. All campaigns are featured in the main hallway display cases.



## BESS Universal Screener

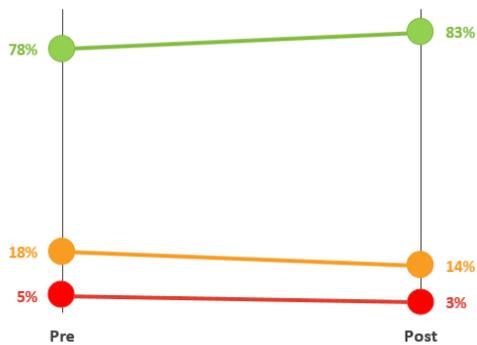
SHPs were responsible for working with their school administration to implement the BESS Universal screener to assess overall behavioral and emotional risk and overall mental health status of students at JFK. The BESS is utilized to guide the work of the SHP as well as measure school-wide impact of prevention programming.

### School Name: JFK High School

### BESS Social Emotional Screener - Pre/Post % Comparison

Goal is to increase % Normal and decrease % Elevated and Extremely Elevated

#### BERI



#### BERI - Behavior and Emotional Risk (Overall)

JFK data demonstrated the following positive results: An increase in students who finished the year in the normal range, as well as a decrease in the number of students who were experiencing elevated and extremely elevated levels of risk.

## Info Dissemination

Parent Tool Kit Brochures and additional resources were e-mailed to all parents of JFK students.