

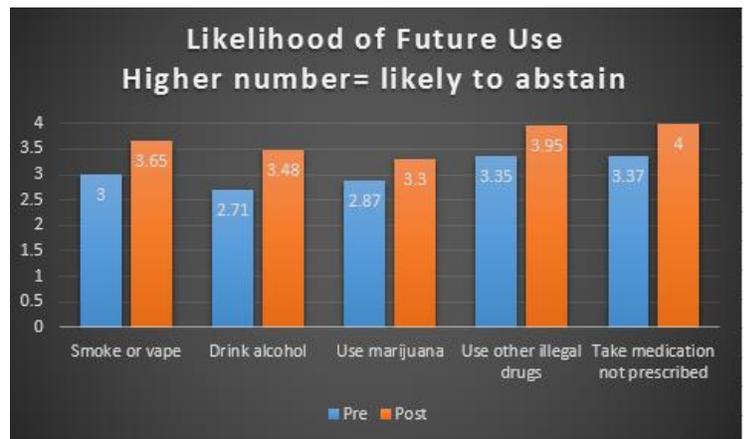
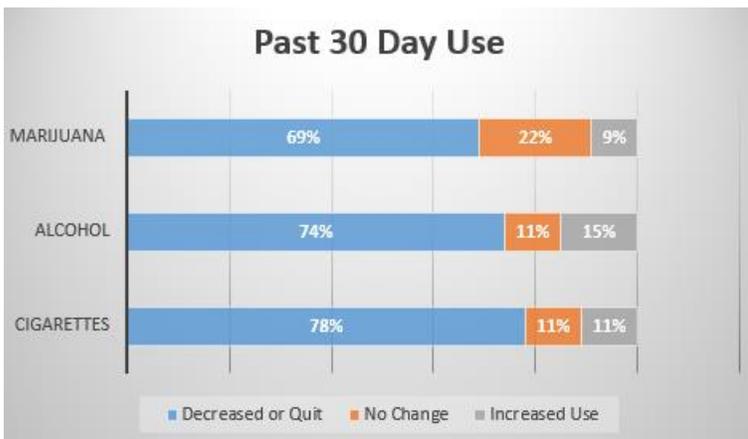
Total Number of Students Reached: 257

Participation by Program				
Gay/Straight Alliance	Learning to Breathe	Teen Intervene	Sources of Strength	Signs of Suicide
12 students	13 students	4 students	(20 peer leaders and 86 students impacted)	122 students

The Substance Use Prevention Program uses the Youth National Outcome Measures (Youth NOMs) tool to assess youth responses on substance use behavior, attitudes and perceptions. Providers collected pre-test data at the beginning of ongoing services and post-test data at the end of services.

Teen Intervene

A total of 4 students participated in this program and demonstrated the following outcomes:



For students who were using substances at pre-test, an average of 76% reduced or quit using by the end of the program. Compared to pre-test, students were more likely to say no to all substances at post-test.



Perception of harm tends to decrease as students age over time. The goal is for students to either maintain or increase their perception of substances as potentially harmful. Outcome: Students increased their perception of harm for all substances.

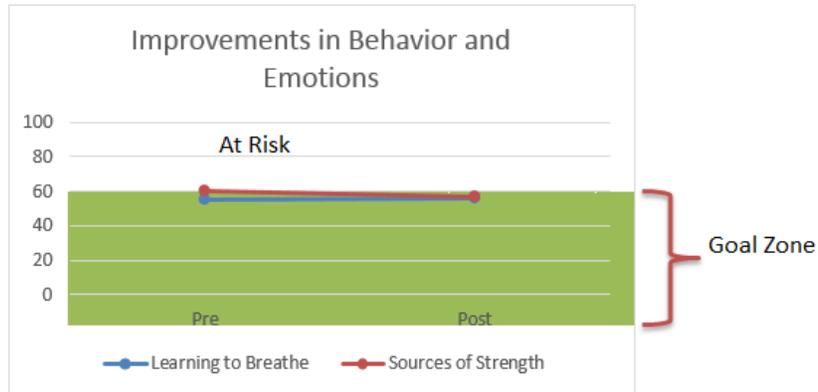
Gay/Straight Alliance

12 students participated regularly in the GSA at Lake. Several of these students participated in Day of Silence in April; they gave cards to classmates and teachers explaining the purpose of the day in case they were asked to speak. Day of Silence is a day where students take a vow of silence to highlight the silencing and discrimination of LGBTQ youth in schools.

The SUP Program also utilizes Pearson’s BASC 3 Flex-Monitor to measure changes in student behavior and emotional functioning. This outcomes measure is used for programs that focus on coping skills and social emotional learning, which are known protective factors against youth substance use. The goal is to reduce problem behaviors and negative emotions; goal zone is 60 or less.

Learning to Breathe and Sources of Strength

33 students participated in these programs, and demonstrated the following outcomes.



The Sources of Strength data showed reductions in negative emotions and behaviors. The Learning to Breathe program did not show an impact, but it should be noted these students were already in the goal zone when the program started.



Info Dissemination

Parent Tool Kit Brochures and additional resources were e-mailed to all parents of Lake International students.