

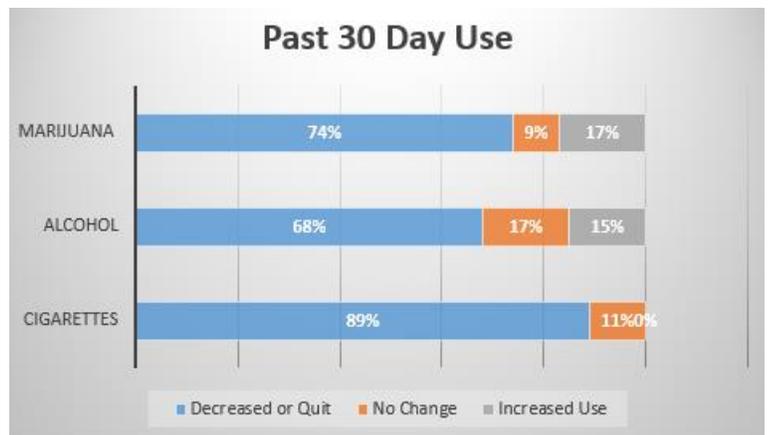
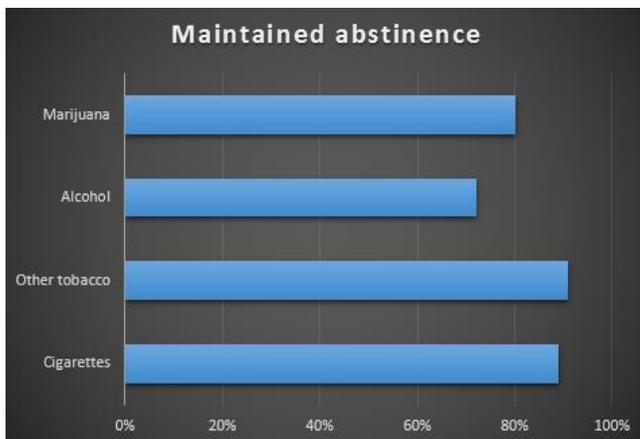
Total Number of Students Reached: 1033

Participation by Program				
Sources of Strength	Gay/Straight Alliance	Individual Sessions	Lifeskills Training Program	Other
926 Students impacted (44 peer leaders)	32 students	11 students	18 students	46 students

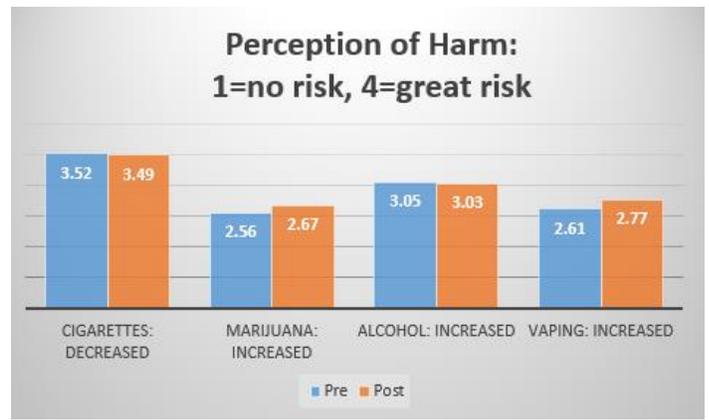
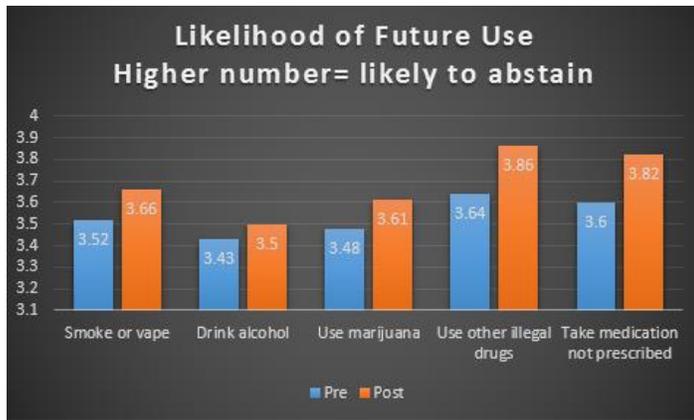
The Substance Use Prevention Program uses the Youth National Outcome Measures (Youth NOMs) tool to assess youth responses on substance use behavior, attitudes and perceptions. Providers collected pre-test data at the beginning of ongoing services and post-test data at the end of services.

Lifeskills Training Program

This classroom prevention program was taught to 18 students, and demonstrated the following outcomes:



An average of 85% of students who were not using at pre-test remained abstinent. Of the students who were using substances at pre-test, an average of 77% either decreased their use or quit.



Compared to pre-test, students were more likely to say no to all substances at post-test.

Perception of harm tends to decrease as students age over time. The goal is for students to either maintain or increase their perception of substances as potentially harmful. Outcome: Students increased their perception of harm for all substances, except cigarettes, which decreased.

Sources of Strength

Student peer leaders created the following messaging campaigns (the assumption is that at least 1/4 of students at North would see/be impacted by each messaging campaign):

- Peer leaders teachers gathered in the library and created Sources selfie frames. Students were encouraged to take Sources frame selfies and share them on our North Sources of Strength Instagram account.
- Peer Leaders and teachers spoke about gratitude and what they would like others to have and what they would like to give others. They then made post-it notes to replenish the “Take what you need” board in front of our library.
- The peer leaders have been gathering North High School student’s stories of strength throughout the year from the various classes we have been in and also had a station set up in our office. They displayed all the stories as a Sources group.



BESS Universal Screener

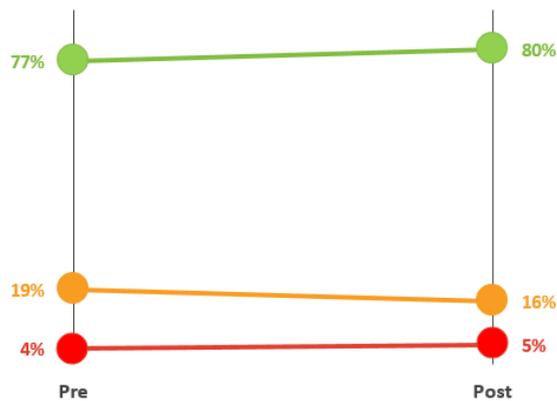
SHPs were responsible for working with their school administration to implement the BESS Universal screener to assess overall behavioral and emotional risk and overall mental health status of students at North. The BESS is utilized to guide the work of the SHP as well as measure school-wide impact of prevention programming.

School Name: North High School

BESS Social Emotional Screener - Pre/Post % Comparison

Goal is to increase % Normal and decrease % Elevated and Extremely Elevated

BERI



BERI - Behavior and Emotional Risk (Overall)

North data demonstrated the following positive outcomes: An increase in students who finished the year in the normal range, as well as a decrease in the number of students who were experiencing elevated levels of risk.

Info Dissemination

[Parent Tool Kit Brochures](#) and additional resources were e-mailed to all parents of North students.