

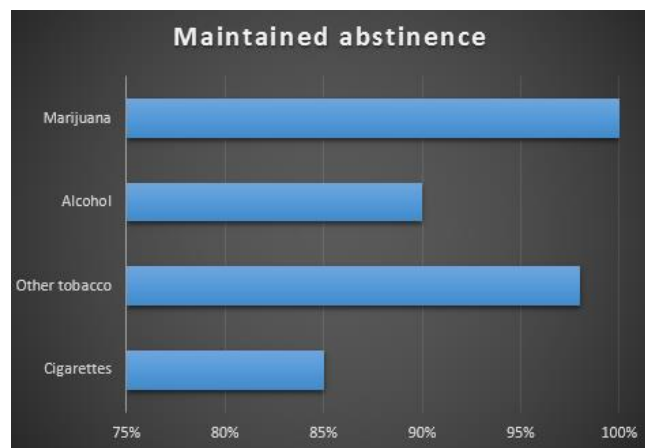
Total Number of Students Reached: 652

Participation by Program				
Teen Intervene	Sources of Strength	Marijuana Education Initiative	Gay/Straight Alliance	Learning to Breathe
7 students	291 Students impacted (25 peer leaders)	269 students	30 students	24 students

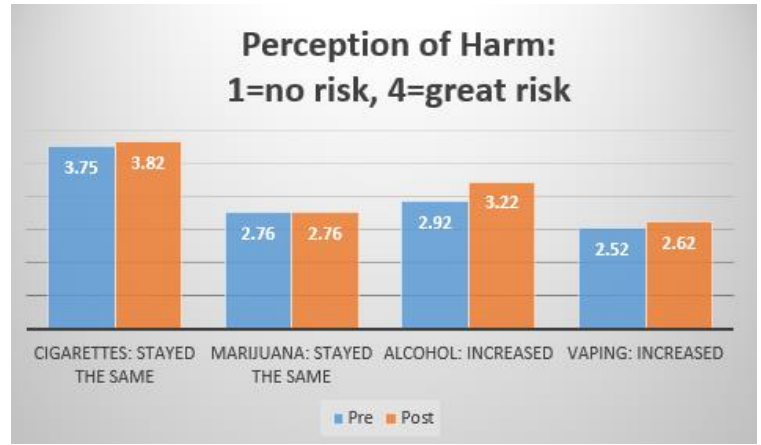
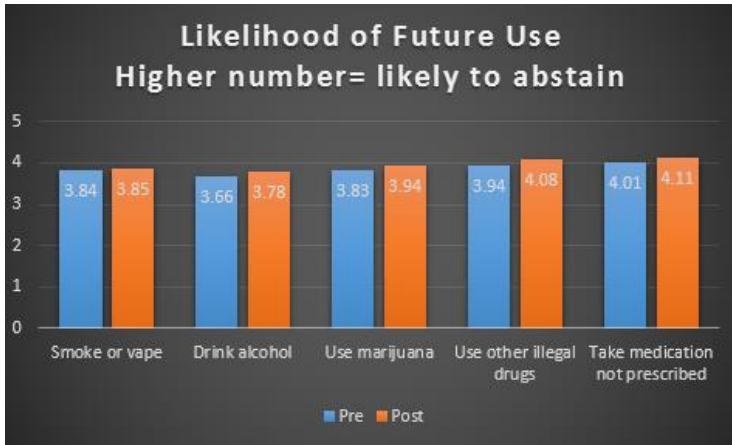
The Substance Use Prevention Program uses the Youth National Outcome Measures (Youth NOMs) tool to assess youth responses on substance use behavior, attitudes and perceptions. Providers collected pre-test data at the beginning of ongoing services and post-test data at the end of services. This includes data from MEI and Teen Intervene

Marijuana Education Initiative, Impact Awareness and Teen Intervene

MEI was taught to 269 students, and 7 students received the Teen Intervene program; these are combined outcomes for both programs.



An average of 94% of students who were not using substances at pre-test remained abstinent. Not enough students were using substances at pre-test to measure any changes in past 30 day use.



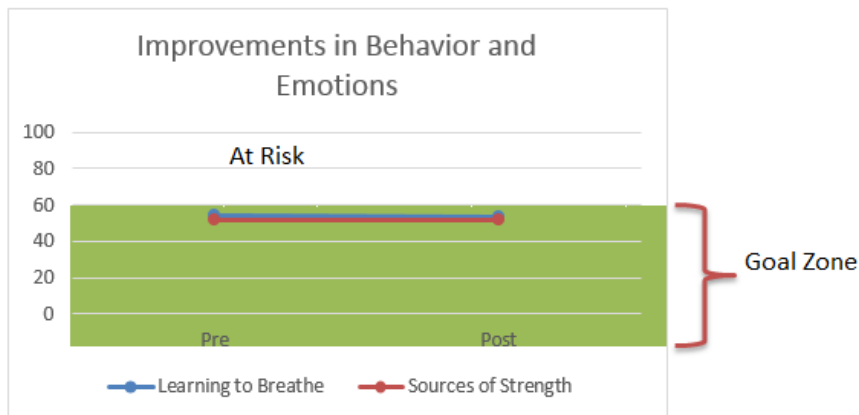
Compared to pre-test, students were more likely to say no to all substances at post-test.

Perception of harm tends to decrease as students age over time. The goal is for students to either maintain or increase their perception of substances as potentially harmful. Outcome: Students increased their perception of harm for all substances except marijuana, which stayed the same.

The SUP Program also utilizes Pearson’s BASC 3 Flex-Monitor to measure changes in student behavior and emotional functioning. This outcomes measure is used for programs that focus on coping skills and social emotional learning, which are known protective factors against youth substance use. The goal is to reduce problem behaviors and negative emotions; goal zone is 60 or less.

Learning to Breathe and Sources of Strength

A total of 49 students participated in these programs and demonstrated the following outcomes



Learning to Breathe showed minor reductions in students' negative emotions and behaviors (54.1-53.5), while Sources of Strength remained the same. However, it should be noted that students from both programs were already in the goal zone when they began services.

Sources of Strength Messaging Campaigns

Student peer leaders created the following messaging campaigns (the assumption is that at least ¼ of students at Northfield would see/be impacted by each messaging campaign):

- The Sources of Strength team created a "Trusted Adults Campaign" by creating a display on the windows of the east side in Building 2. The images of flowers, clouds and a tree are displayed with names of trusted adults on the flower petals and names of trusted peers on the leaves of the tree.
- The SHP and Peer Leaders have completed a "Thankfulness Campaign" with a total of 15 Peer Leaders taking the lead for *Sources of Strength*. Sources students met in the cafeteria and requested students who were present to participate by writing down 3 things that they were thankful for and then signing their name on a 'thankfulness card'. These cards have been displayed in the hallways of Building 2.
- The Sources team led a "What Makes Me Different" campaign and requested students who were present to participate by writing down one thing that makes them different and why this is a strength. These cards were displayed in the hallways of Building 2.



BESS Universal Screener

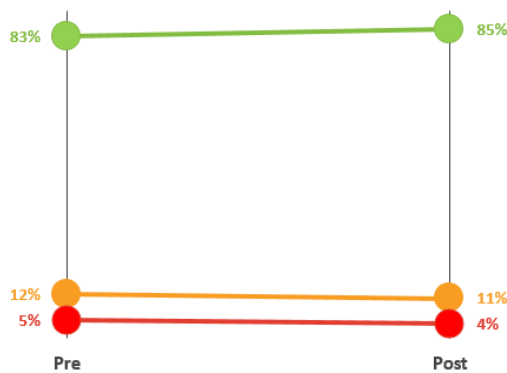
SHPs were responsible for working with their school administration to implement the BESS Universal screener to assess overall behavioral and emotional risk and overall mental health status of students at Northfield. The BESS is utilized to guide the work of the SHP as well as measure school-wide impact of prevention programming.

School Name: Northfield High

BESS Social Emotional Screener - Pre/Post % Comparison 2018-2019

Goal is to increase % Normal and decrease % Elevated and Extremely Elevated

BERI



BERI - Behavior and Emotional Risk (Overall)

Northfield data demonstrated the following positive outcomes: An increase in students who finished the year in the normal range, as well as a decrease in the number of students who were experiencing elevated and extremely elevated levels of risk.

Info Dissemination

Parent Tool Kit Brochures and additional resources were e-mailed to all parents of Northfield students.