

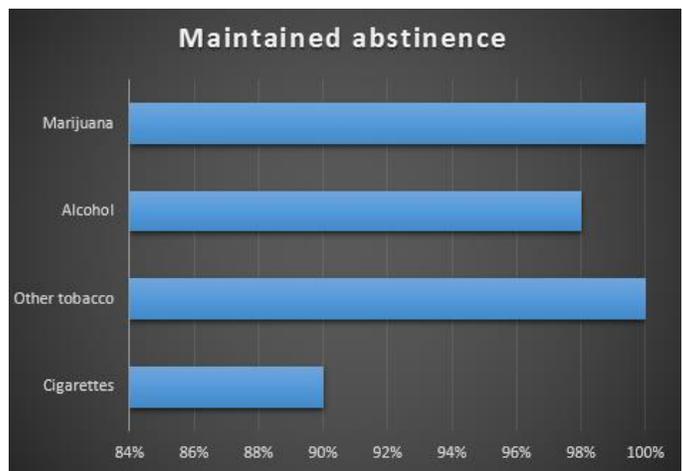
**Total Number of Students Reached: 78**

Participation by Program				
Lifeskills Training Program	Marijuana Education Initiative	Learning to Breathe	Signs of Suicide	Other
6 students	73 students	57 students	23 students	9 students

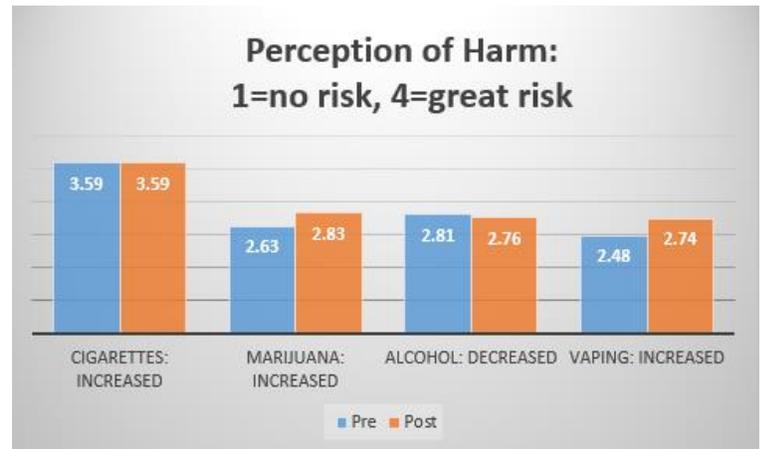
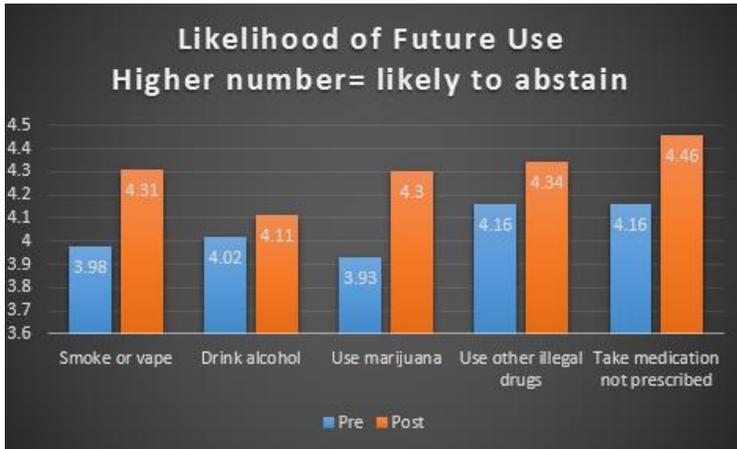
The Substance Use Prevention Program uses the Youth National Outcome Measures (Youth NOMs) tool to assess youth responses on substance use behavior, attitudes and perceptions. Providers collected pre-test data at the beginning of ongoing services and post-test data at the end of services

### Lifeskills Training Program and MEI

MEI was taught to 73 students, and 6 students received the Lifeskills Training Program; these are combined outcomes for both programs.



An average of 97% of students who were not using substances at pre-test remained abstinent. Not enough students were using substances at pre-test to measure any changes in past 30 day use.



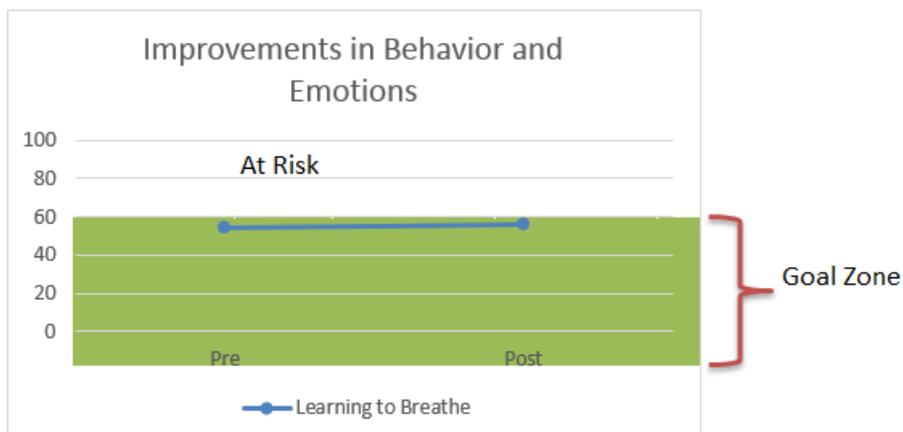
Compared to pre-test, students were more likely to say no to all substances at post-test.

Perception of harm tends to decrease as students age over time. The goal is for students to either maintain or increase their perception of substances as potentially harmful. Outcome: Students increased their perception of harm for all substances except alcohol, which decreased.

The SUP Program also utilizes Pearson’s BASC 3 Flex-Monitor to measure changes in student behavior and emotional functioning. This outcomes measure is used for programs that focus on coping skills and social emotional learning, which are known protective factors against youth substance use. The goal is to reduce problem behaviors and negative emotions; goal zone is 60 or less.

### Learning to Breathe

A total of 57 students participated in this program and demonstrated the following outcomes:



Learning to Breathe did not show reductions in students’ negative emotions and behaviors. However, it should be noted that students began this program already in the goal zone.

### BESS Universal Screener

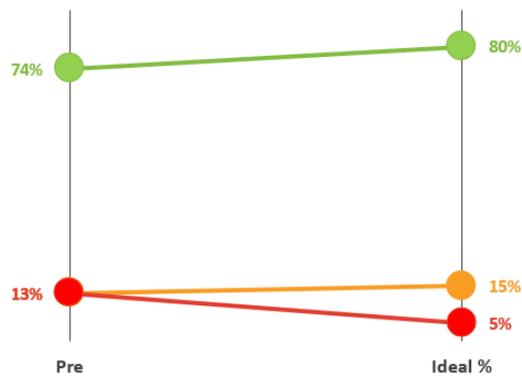
SHPs were responsible for working with their school administration to implement the BESS Universal screener to assess overall behavioral and emotional risk and overall mental health status of students at Odyssey. The BESS is utilized to guide the work of the SHP as well as measure school-wide impact of prevention programming.

## School Name: Odyssey

### BESS Social Emotional Screener - Pre/Post % Comparison 2018-2019

Goal is to increase % Normal and decrease % Elevated and Extremely Elevated

#### BERI



#### BERI - Behavior and Emotional Risk (Overall)

Odyssey data demonstrated the following positive outcomes: An increase in students who finished the year in the normal range, as well as a decrease in the number of students who were experiencing extremely elevated levels of risk.

## Info Dissemination

Parent Tool Kit Brochures and additional resources were e-mailed to all parents of Odyssey students.