

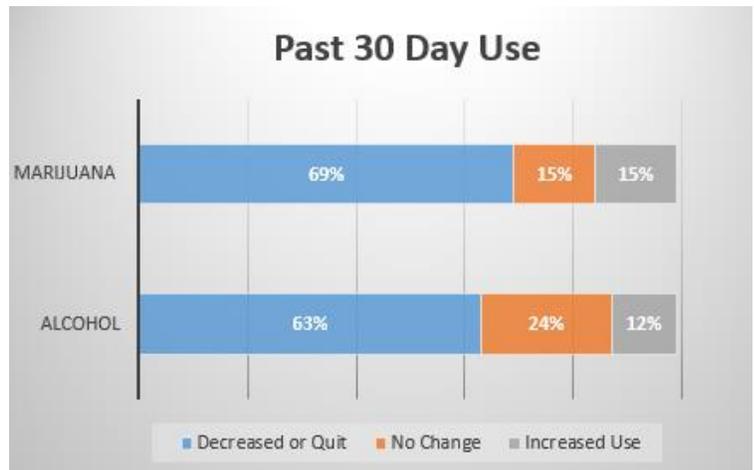
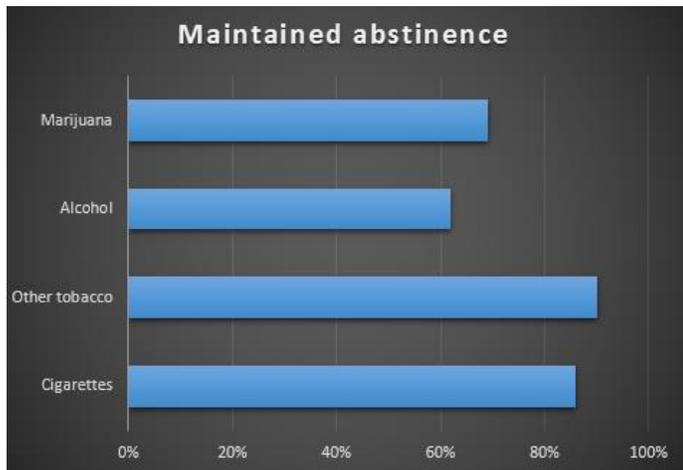
Total Number of Students Reached: 821

Participation by Program			
Sources of Strength	Lifeskills Training Program	Marijuana Education Initiative	Gay/Straight Alliance
438 Students impacted (28 peer leaders)	267 students	78 students	14 students

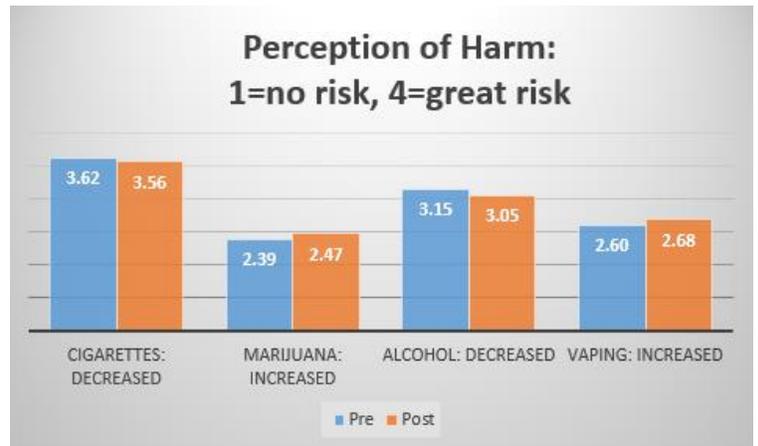
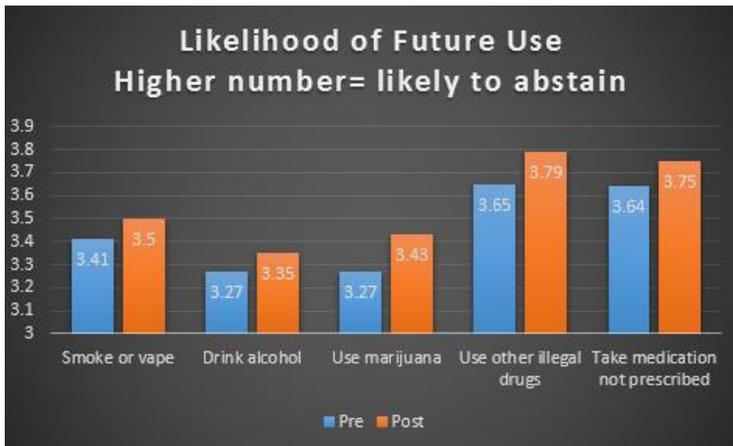
The Substance Use Prevention Program uses the Youth National Outcome Measures (Youth NOMs) tool to assess youth responses on substance use behavior, attitudes and perceptions. Providers collected pre-test data at the beginning of ongoing services and post-test data at the end of services. This includes combined data from LifeSkills and the MEI Impact Awareness Program.

Lifeskills Training and MEI- Impact Awareness Programs

These programs were taught to 345 students and demonstrated the following outcomes:



An average of 80% of students who were not using substances at pre-test remained abstinent. An average of 66% of students who were using substances at pre-test either quit or decreased their use.



Compared to pre-test, students were more likely to say no to all substances at post-test.

Perception of harm tends to decrease as students age over time. The goal is for students to either maintain or increase their perception of substances as potentially harmful. Outcome: Students increased their perception of harm for all both marijuana and vaping.

Sources of Strength

8 students participated as peer leaders and created the following messaging campaigns:

- The team of adult advisors and peer leaders handed out positive notes to students and staff as they walked in to school (see video: <https://drive.google.com/open?id=1BWPLe2mqM6BlQSiWdhQ-ccXeYP85y6dB>). Over 1,000 positive notes were handed out on 2/21.
- Snow cone campaign: Students were given a coupon for a free snow cone if they had attended office hours the previous day. Approximately 150 students brought back their coupon for a free snow cone.

• Gay/Straight Alliance

- 14 students participated in the GSA, and participated in the following efforts:
- Designed their own t-shirt to aid in recruiting additional students for the GSA.
- Attended the Cherry Creek Diversity conference in February.
- On May 17th, 2019 our School Health Professionals hosted the 1st annual GSA Spring Summit at South High School. Five schools from DPS participated including South, JFK, Summit, Abraham Lincoln, & Thomas Jefferson. 40 middle & high school students attended and participated in various activities throughout the day including icebreakers, panel of speakers, & queer prom.



Info Dissemination

Parent Tool Kit Brochures and additional resources were e-mailed to all parents of Thomas Jefferson students.

BESS Universal Screener

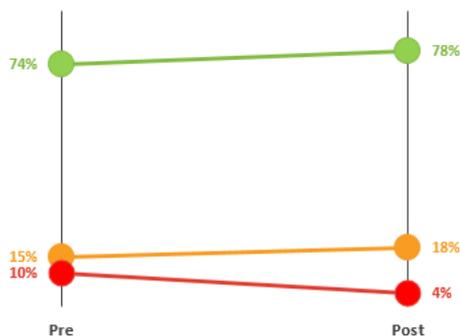
SHPs were responsible for working with their school administration to implement the BESS Universal screener to assess overall behavioral and emotional risk and overall mental health status of students at Thomas Jefferson. The BESS is utilized to guide the work of the SHP as well as measure school-wide impact of prevention programming.

School Name: Thomas Jefferson High (9th grade)

BESS Social Emotional Screener - Pre/Post % Comparison 2018-2019

Goal is to increase % Normal and decrease % Elevated and Extremely Elevated

BERI



BERI - Behavior and Emotional Risk (Overall)

TJ data showed the following positive outcomes: An increase in students who finished the year in the normal range, as well as a decrease in the number of students who were experiencing extremely elevated levels of risk.