

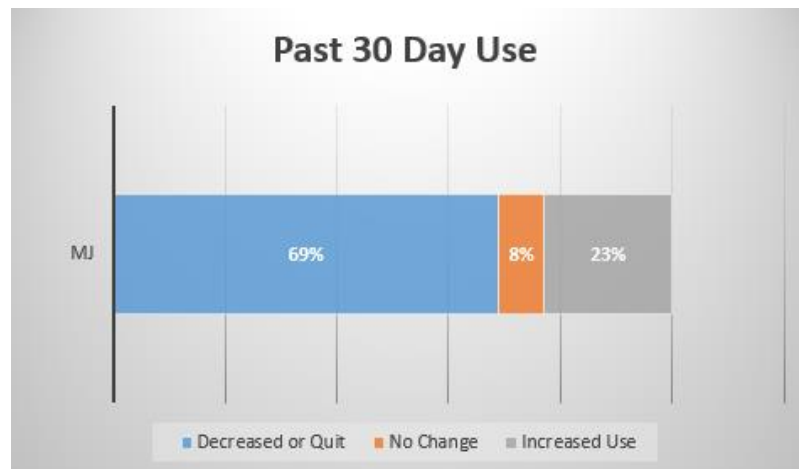
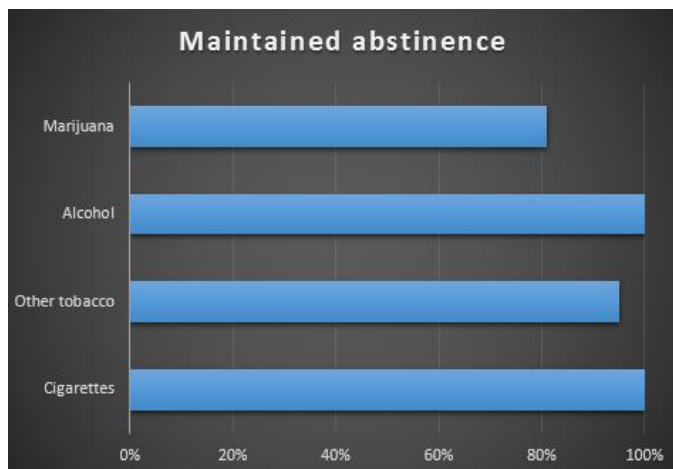
Total Number of Students Reached: 204

Participation by Program			
Learning to Breathe	Lifeskills Training Program	Signs of Suicide	Teen Intervene
5 Students	23 students	166 students	10 students

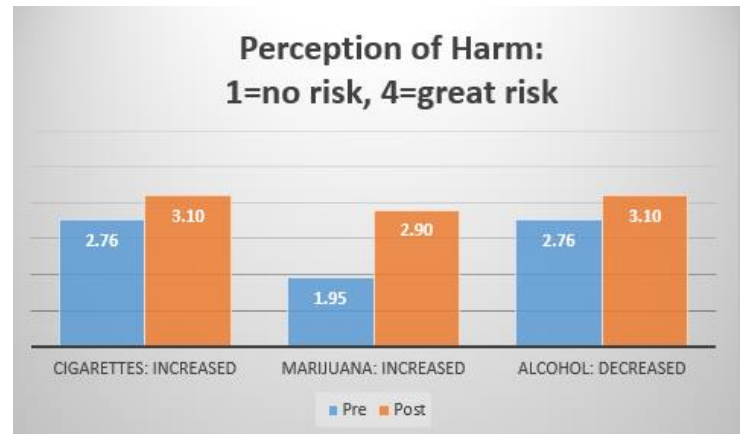
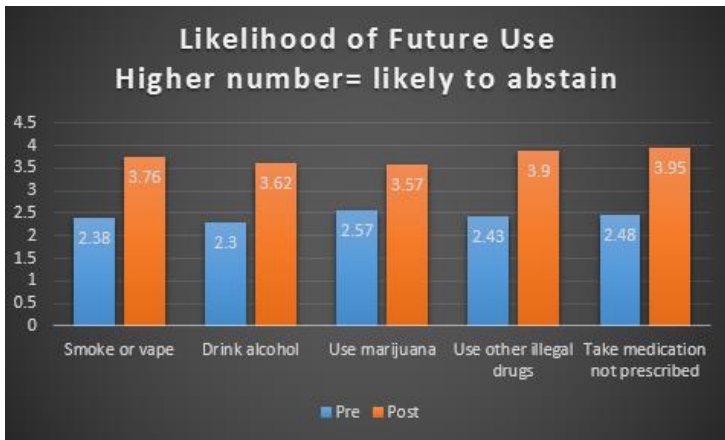
The Substance Use Prevention Program uses the Youth National Outcome Measures (Youth NOMs) tool to assess youth responses on substance use behavior, attitudes and perceptions. Providers collected pre-test data at the beginning of ongoing services and post-test data at the end of services. This includes combined data from Teen Intervene and the MEI Impact Awareness Program.

Teen Intervene and MEI- Impact Awareness Programs

33 students received these programs and demonstrated the following outcomes:



An average of 95% of students who were not using substances at pre-test remained abstinent. 69% of students who were using marijuana either reduced their use or quit; there were not enough students reporting use of other substances to provide that analysis.



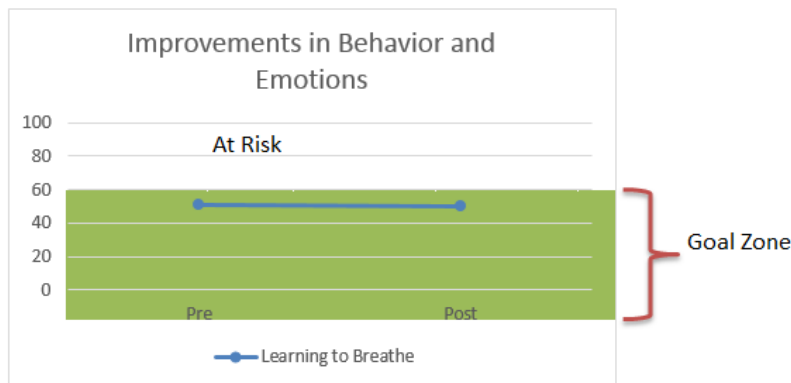
Compared to pre-test, students were more likely to say no to all substances at post-test.

Perception of harm tends to decrease as students age over time. The goal is for students to either maintain or increase their perception of substances as potentially harmful. Outcome: Students increased their perception of harm for all substances. West Early College outcomes were the most impressive out of the whole Substance Use Prevention program.

The SUP Program also utilizes Pearson’s BASC 3 Flex-Monitor to measure changes in student behavior and emotional functioning. This outcomes measure is used for programs that focus on coping skills and social emotional learning, which are known protective factors against youth substance use. The goal is to reduce problem behaviors and negative emotions; goal zone is 60 or less.

Learning to Breathe

A total of 5 students participated in this program and demonstrated the following outcomes:





Students participating in Learning to Breathe showed minor reductions in negative emotions and behaviors; it should be noted that these students started programming already in the goal zone.

Info Dissemination

Parent Tool Kit Brochures and additional resources were e-mailed to all parents of West Early College students.